

# What are we eating?

A reporter writes an article about how our eating habits have changed over the past thirty years.

She looks at what types of food people typically consumed in 1985 and in 2015.

The reporter shows her results in the table and graphs below. The graphs have not been labelled but she will do that when the article is complete.

**She wants to argue that, nowadays, we are less aware of what we are eating. Which type of graph will be the most powerful to support her article? Give reasons for your choice.**

Type of Food Consumed (by weight)	1985	2015
Raw and home prepared	60%	19%
Pre-prepared and/or packaged	15%	42%
Fast food, canteens, and bakeries	7%	31%
Restaurant and other	14%	8%

